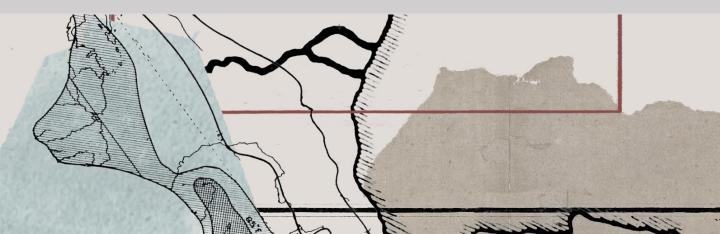


September Publishing Spring–Autumn 2023

Backlist Rights Catalogue Independent publisher of beautiful books, from expert insight to extraordinary stories

septemberpublishing.org



Small Press of the Year

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REGIONAL FINALIST

BACKLIST

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b er em

Sharon Blackie 3 Art, Photography & Architecture 6 Personal Development 15 Travel & Unique Journeys 20 Memoir & Social History 28 Politics 38 Politics & Humour 42 English Heritage Books 45 Fiction 5, 47

Hannah MacDonald | Publisher hannah@septemberpublishing.org septemberpublishing.org Helen Edwards | US rights helen@helenedwardsrights.co.uk

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If Women Rose Rooted A Life-changing Journey to Authenticity and Belonging Sharon Blackie

With new Afterword

Over 100,000 copies sold! Both an ecofeminist's memoir through our damaged landscapes and a heroine's journey through myth – this is the first, muchloved book from renowned mythologist and psychologist Dr Sharon Blackie. A *Women who Run with Wolves*, for lovers of wild, Northern European lands or Celtic heritage.

If Women Rose Rooted has been described as both transformative and essential; a lifechanging journey from the wasteland of modern society to a place of nourishment and connection.

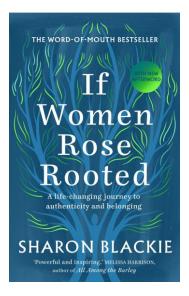
Sharon Blackie leads the reader on a quest to find their place in the world, drawing inspiration from the wise and powerful women in native mythology, and guidance from contemporary role models who have re-rooted themselves in land and community and taken responsibility for shaping the future.

Beautifully written, honest and moving, *If Women Rose Rooted* is a passionate song to a different kind of femininity, a rallying, feminist cry for the rewilding of womanhood; reclaiming our role as guardians of the land.

'Women have long been told to "know our place". This powerful and inspiring exploration of the female relationship with landscape turns the diktat around, showing us what may be gained from doing just that.' Melissa Harrison, author of *All Among the Barley*

Nautilus Awards – Silver Winner





Rights: WAL

Sold: French, Brazilian, audio July 2020 B-format PB £9.99 416pp 9781912836017 Trade PB February 2016

Author

Dr Sharon Blackie is an award-winning writer of fiction and non-fiction, a psychologist who has specialised both in neuroscience and narrative, and a mythologist with a specialisation in Celtic Studies. Her unique approach to working with myth, fairy tales and folklore highlights the insights these traditions can offer us into authentic and meaningful ways of being which are founded on a deep sense of belonging to place, a rootedness in the land we inhabit.

sharonblackie.net

See also Hagitude in frontlist.

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The Enchanted Life Reclaiming the Magic and Wisdom of the Natural World Sharon Blackie

A book of natural wonders, practical guidance and life-changing empowerment from the internationally bestselling author of *If Women Rose Rooted*

'Above all, to live an enchanted life is to fall in love with the world all over again.'

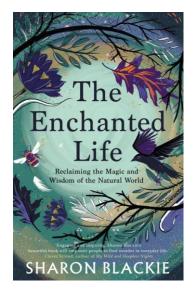
The enchanted life has nothing to do with fantasy or escapism or magical thinking: it is founded on a vivid sense of belongingness to a rich and many-layered world. It is creative, intuitive, imaginative. It thrives on work that has heart and meaning. It loves wild things, but returns to an enchanted home and garden. It respects the instinctive knowledge and playfulness of children, and relishes story, poetry and art.

Taking the inspiration and wisdom that can be derived from myth, fairy tales and folk culture, this book offers a set of practical and grounded tools for enchanting our lives and the places we live in, giving us a greater sense of meaning and of belonging to the world.

An inspiring, beautifully written call to reengage with the world – giving us the tools for profound and whole-hearted participation in the adventure of life.

'Engaging and inspiring, Sharon Blackie's beautiful book will empower people to find wonder in everyday life.'

Clover Stroud, author of The Wild Other



Rights: **WAL** Sold: US, Dutch, Latvian June 2021 B-format PB 320pp £9.99 9781912836444 Trade PB February 2018

Author

Dr Sharon Blackie is an award-winning writer of fiction and non-fiction, a psychologist who has specialised both in neuroscience and narrative, and a mythologist with a specialisation in Celtic Studies. Her unique approach to working with myth, fairy tales and folklore highlights the insights these traditions can offer us into authentic and meaningful ways of being which are founded on a deep sense of belonging to place, a rootedness in the land we inhabit. sharonblackie.net

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Foxfire, Wolfskin and Other Stories of Shapeshifting Women Sharon Blackie

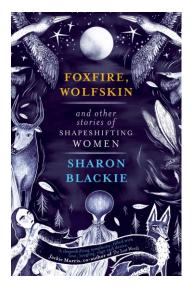
The author of *If Women Rose Rooted* and *The Enchanted Life* returns to her first love, fiction, in this empowering collection of retold myths and fairy tales.

Charged with drama and beauty, this memorable collection by a master storyteller weaves a magical world of possibility and power from female myths of physical renewal, creation and change. It is an extraordinary immersion into the bodies and voices, mindscapes and landscapes, of the shapeshifting women of our native folklore.

Drawing on myth and fairy tales found across Europe – from Croatia to Sweden, Ireland to Russia – Sharon Blackie brings to life women's remarkable ability to transform themselves in the face of seemingly impossible circumstances. These stories are about coming to terms with our animal natures, exploring the ways in which we might renegotiate our fractured relationship with the natural world, and uncovering the wildness and wilderness within.

'Foxfire, Wolfskin is simply the most perfect thing. It's a shapeshifting symphony, filled with love, longing, rage and desire.' Jackie Morris, co-author of *The Lost Words*

'Sharon Blackie has wrought a new-old magic for our times: glorious, beautiful, passionate myths.' Manda Scott



Rights: WAL Sold: Audio July 2020 B-format PB 256pp £8.99 b/w illustrations 9781912836246 HB 26 September 2019

Author

Dr Sharon Blackie is an award-winning writer of fiction and non-fiction, a psychologist who has specialised both in neuroscience and narrative, and a mythologist with a specialisation in Celtic studies. Her unique approach to working with myth, fairy tales and folklore highlights the insights these traditions can offer us into authentic and meaningful ways of being which are founded on a deep sense of belonging to place, a rootedness in the land we inhabit. sharonblackie.net

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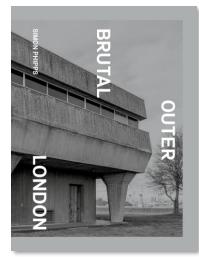
Brutal Outer London Simon Phipps

The first photographic exploration of the post-war modernist architecture of Greater London, from Harrow and Croydon to Waltham Forest.

Simon Phipps' photographs of the modernist architecture of Greater London explores the form and beauty of these post-war buildings. Following on from his iconic first book *Brutal London*, this sequel expands his survey beyond London's inner zones through to the outer perimeters of London, encircled by the M25.

From Croydon to Thamesmead, Wood Green to Willesden, the modernist ambition, scale and structure of these buildings are starkly rendered in his acclaimed photographs. He offers us a chance to look at these everyday buildings in residential, retail and leisure hubs again and appreciate the civic optimism and bold architecture of the 60s and 70s.

Brutal Outer London is a design-led hardback. With maps and detailed listings of all architecture photographed, it enables readers to explore Brutalism on foot, train or bus across Outer London.



Rights: **WAL** October 2022 200 x 150mm 240pp More than 150 illustrations and maps £19.99 9781914613166

Author

Simon Phipps is a photographer and sculptor. He is the creator of the New Brutalism collection on Tumblr and Instagram (30,000 followers). He graduated from the Royal College of Art and grew up in Milton Keynes where his parents were architects involved in the design of the city.

@new_brutalism simonphipps.co.uk

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Brutal North

Post-War Modernist Architecture in the North of England Simon Phipps

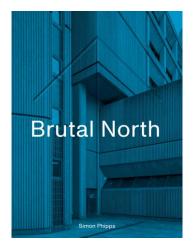
The first photographic exploration of modernist and Brutalist architecture across the North of England.

During the post-war years the North of England saw the building of some of the most aspirational, enlightened and successful modernist architecture in the world. For the first time, a single photographic book captures those buildings, in all their power and progressive ambition.

Over the last few years acclaimed photographer Simon Phipps has travelled and sought out the publicly commissioned architecture of the post-war North. From Newcastle's Byker Wall Estate, voted the best neighbourhood in the UK, to the extraordinary Park Hill Estate in Sheffield, from Preston's sweeping bus station and Liverpool's Royal Insurance Building, these structures have seen off threats to their survival and are rightly celebrated for the imprint they leave upon the skyline and the cultural life of their cities.

This inspiring invitation to explore northern modernism includes maps and detailed information about all the architecture photographed.

'Captures the most aspirational and enlightened architecture of the north's postwar years.' *Guardian*



Rights: **WAL** October 2020 HB 200 x 150mm 208pp Over 150 b/w photos & maps £16.99 9781912836154

Author

Simon Phipps is a photographer and sculptor. He is the creator of the New Brutalism collection on Tumblr and Instagram (30,000 followers). He graduated from the Royal College of Art and grew up in Milton Keynes where his parents were architects involved in the design of the city. @new brutalism simonphipps.co.uk

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Brutal London Simon Phipps

Brutal London presents a new photographic look at a side of the capital which has been ignored for too long. This collection of unique and evocative photography by Simon Phipps casts the city in a new light.

'The book, arranged in boroughs with accompanying maps, functions as something of a walking guide to London's best brutalist buildings, accompanied by thoughtful notes from Mr Phipps that offer convincing, and somewhat romantic, interpretations of these buildings' austere geometry and physical narratives.' Mr Porter

Finalist for the **British Book Design and Production Awards** 2017: Photographic Books, Art / Architecture Monographs

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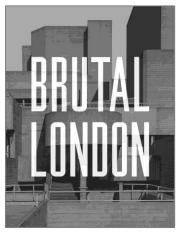
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Louisa Pritchard

louisa@louisapritchard.co.uk



Rights: **WAL** December 2016 HB £14.99 192pp 9781910463635

Concrete Poetry Post-War Public Art Simon Phipps

Much of the sculpture and artwork commissioned the post-war era of socially conscious architecture has been overlooked and undervalued, yet it remains a treasure trove that the public own and which we may enjoy.

This stunning new collection of 200 unique and evocative photographs is a rallying cry – for the art we walk past, the public spirit behind its genesis and those 20th-century artists that flowered in this progressive period.

'An essential coffee-table tour.' Wired

Author

Simon Phipps is a sculptor, photographer and the creator of the New Brutalism collection of photography.



Rights: **WAL** November 2018 HB £20 192pp 9781910463123

Cat Women

An Exploration of Feline Friendships and Lingering Superstitions Alice Maddicott

A fascinating journey of discovery for independently minded cat lovers.

One summer, Alice Maddicott was adopted by a beautiful tabby called Dylan, and together they shared six years of loving friendship. Alice collected second-hand photos – orphan images – and in her sadness after Dylan's death, she pored over the old photographs of women and their cats. Cats in gardens, cats on laps, cats in alleys and on steps, accompanied by women who were diffident and affectionate, fierce and whimsical, young and old.

What did these cats mean to the women who cared for them? Why have cat-owning women always been viewed with suspicion? And where did the Crazy Cat Lady stereotype emerge from, when other cultures revere rather than fear this relationship?

Examining these questions and many more, *Cat Women* is a moving exploration of wild natures and domestic affections.



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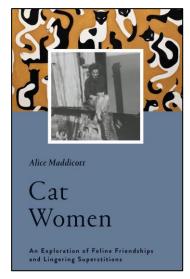


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Rights: WAL

March 2020 B-format HB 144pp £12.99 Vintage photos throughout 9781912836062

Author

Alice Maddicott is a writer and artist from Somerset, England. Her work has spanned poetry, writing installations, children's television scripts (The Large Family, The Clangers), travel and nature writing, including for Elsewhere Journal and the Waymaking anthology, as well as public art commissions such as The Car Boot Museum. For nearly two decades she has worked on creative education projects and run writing workshops with young people. She lives with two rescue cats and the tortoise who she's had for 35 years.

See also *Tender Maps* in frontlist.

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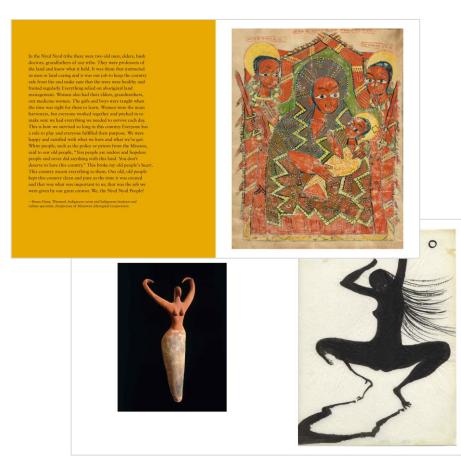
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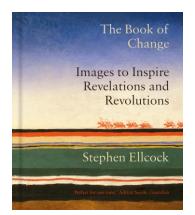
The Book of Change Images to Inspire Revelations and Revolutions Stephen Ellcock

Artists include Georgia O'Keeffe, Ellen Gallagher, Paul Klee, Louise Bourgeois, Lee Miller, Leonora Carrington, Solange Knopf, Philip Guston and many more.

A brilliant awakening to our vast shared potential and creative energy for change, from the beloved social media curator Stephen Ellcock.

Featuring 240 reproductions of art, photography and objects, selected from cultures through history and across the globe, as well as from living artists such as Zanele Muholi, Kara Walker, Carrie Mae Weems, Ellen Gallagher, Shirin Neshat and Gillian Wearing, this is an extraordinary collection of powerfully inspiring imagery on the nature of challenge and change.





Rights: WAL

Sold: US, Princeton Architectural Press October 2021 HB 210 x 180mm Over 275 colour artworks 288pp £25 9781912836833

Author

Stephen Ellcock is a curator who has expanded his Facebook page into an online museum of images, visual delights, oddities and wonders drawn from every conceivable culture, era and corner of the globe. With nearly 400K followers tuning in for his selections and views, he brings the art gallery directly to the people, on

facebook.com/stephen .ellcock and instagram @stephenellcock. See also *All Good Things* in frontlist.

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The Healing Power of Nature: Vincent van Gogh

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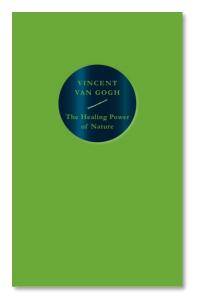
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One thing I tell you, that this countryside has the effect on me of bringing me peace, faith, courage ...'

A captivating collection of lesser-known images, chosen largely from sketchbooks and letters. The Healing Power of Nature is testament to the immense influence the natural world had on Vincent van Gogh; from the restorative, calming effect of rural landscapes to the stimulation and joy he found in natural beauty.

Each image is accompanied by an insightful quote from his letters, showing how nature is a source of great healing and inspiration to us all, connecting us with the peace and beauty of our surroundings and with a sense of something even greater.

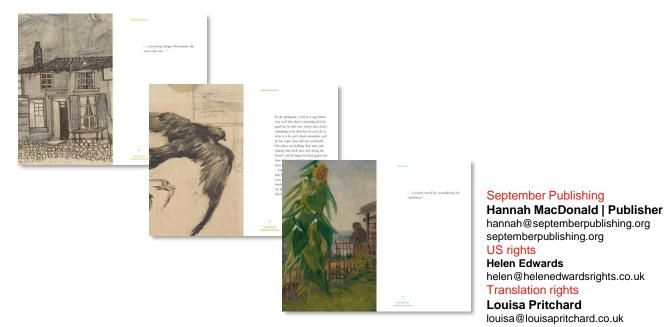
... I console myself by reconsidering the sunflowers.'



Rights: WAL, enquire for tralsnation April 2022 Flexibound 192pp £12.99 9781914613043

Author

Vincent van Gogh (1853–90) was a junior clerk at an art firm, teacher, bookseller, student and preacher before he decided at the age of 27 to become an artist. He worked as an artist for just ten years and was virtually unknown throughout his life, but his work changed the history of art forever.



Translation rights Louisa Pritchard louisa@louisapritchard.co.uk

Creative Inspiration: Vincent van Gogh

The creative genius and artistic determination of Vincent van Gogh distilled into illuminating quotes and sketches.

'If something in you yourself says "you aren't a painter" – it's then that you should paint.'

Gathered into thematic chapters, this little book allows us to feel the immense power of Van Gogh's talent intimately. Beginning with the question 'Why Create?', Van Gogh's own words, selected from his extensive letters, guide us through Process, Progress and Doubt and offer inspiration on Nature, Humanity and Community. Each quote is illustrated by a fascinating, frequently beautiful, sketch or study from his own notebooks.

A wonderful journey for creatives – with the man who fought harder than almost any other for the right, space and strength to be an artist.

'Almost no one knows that the secret of beautiful work is to a large extent good faith and sincere feeling.'



Rights: **WAL** Sold: Spanish, Mexico only May 2017 Flexibound 192pp £12.99 9781910463574

Author

Vincent van Gogh (1853–90) was a junior clerk at an art firm, teacher, bookseller, student and preacher before he decided at the age of 27 to become an artist. He worked as an artist for just ten years and was virtually unknown throughout his life, but his work changed the history of art forever.

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A Passion for China A Little Book about the Objects we Eat from, Live with and Love Molly Hatch

Curated, written and illustrated by celebrated American artist and ceramicist **Molly Hatch**, this beautifully produced book explores the intimate family stories and fascinating history revealed by single, treasured pieces.

A Passion for China is a book for anyone who has cherished their grandmother's dinner service, admired cracked plates just for their pattern and memories, or asked for the story behind a beloved object. mollyhatch.com



The Confession Album 100 Revelatory Life Questions Emma Parry and Eve Claxton

The pages of *The Confession Album* contain 100 questions. Your part is collecting the answers – whether from a loved one, or yourself – in the course of an evening, or over a lifetime.

If you're answering for yourself, *The Confession Album* offers an opportunity to gain and share the solace of self-expression; a way to relay knowledge or impart wisdom; store a little data about what matters in the old-fashioned way, by putting pen to paper.

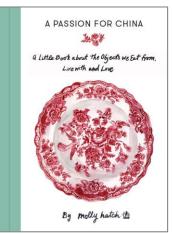
Authors

Emma Parry is a literary agent who believes any good book begins with asking the right questions. **Eve Claxton** is a writer, editor and producer who relishes helping others tell their stories and tell them well. Both are based in NYC.

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Louisa Pritchard louisa@louisapritchard.co.uk



Rights: WAL 10 October 2017 HB £14.99 176pp 9781910463338



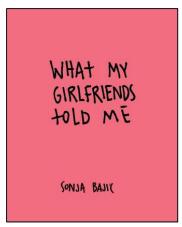
Rights: **WAL** *Sold: US, Chronicle Books* May 2018 HB £12.99 124pp 9781910463765

What My Girlfriends Told Me Sonja Bajic

Wisdom from women who have lived.

From the funny to the strident to the profound, *What My Girlfriends Told Me* is a beautiful illustrated celebration of friendship, full of the best advice for times of heartache or uncertainty, long nights and new beginnings.

'A hug in a book.' Emma Gannon



Rights: **WAL** 2 March 2018 HB £9.99 144pp 9781910463796

Author

Sonja Bajic was born in 1985 in Yugoslavia and lives in Paris, France. She uses the stories she hears, writes and loves to create all kinds of drawings and illustrations. Sonja has been up the Eiffel Tower 694 times. <u>sonjabajic.com</u>



HINGS HAPPEN WHEN YOU HAPPEN .

122



DO IT FOR THE STORY!

63

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Ten Things about Writing Build Your Story, One Word at a Time Joanne Harris

A highly useful and distinctly entertaining guide to beginning your novel or story, developing your style and seeing your manuscript through to publication and beyond.

Based on Joanne Harris's series of tweets of the same name, this expanded collection of Ten Things lists provides genuine insight and practical help on the process of writing and finding readers. From Workspaces and Habits to Plot and Dialogue these are motivating, problem-solving lists of wisdom from an experienced and widely respected writer.

Uniquely, *Ten Things about Writing* also takes the reader beyond the stage of finished manuscripts and publishing decisions – into the territories of rights, publicity and marketing.

Praise for Ten Things:

'Joanne is not only a master of her craft but has the rare gift of being able to explain that craft, and offer peerless advice, in the clearest, nononsense, practical and entertaining of ways. Wherever you are in your writing voyage, Joanne is the perfect navigator. Learn, absorb, and enjoy!' Matt Haig

'Joanne Harris's Ten Tweets have been tiny islands of sensibleness and wisdom[....]I'm delighted they are going to be collected in one place.' Neil Gaiman

'Joanne Harris's Ten Tweets are a constant source of pleasure, equally welcome to writers and readers. [...] Frankly, they are marvels in miniature.' lan Rankin



Rights: WEL Sold: Australia December 2020 Hardback 224pp £14.99 9781912836598 Ebook pub May 2020

Author

Joanne Harris (MBE) was born in Barnsley, studied Modern & Medieval Languages at Cambridge and was a teacher for 15 years. She has written 18 novels (including Chocolat which was made into an Oscar nominated film), two novellas, two collections of short stories, a Dr Who novella, guest episodes for Zombies, Run, the libretti for two short operas, several screenplays, a musical and three cookbooks. Her books are published in over 50 countries and have won a number of British and international awards. She is currently the Chair of the Society of Authors (SOA) and member of the Board of the Authors' Licensing and Collecting Society (ALCS). @joannechocolat joanne-harris.co.uk

September Publishing

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Invisible Work The Future of the Office is in Our Head John Howkins

A visionary exploration of the global future of work and an essential framework for work/life growth in the era of the remote professional.

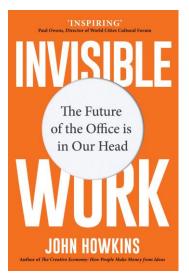
The old models no longer apply. Work today depends on personal, subjective ideas which begin inside our heads and whose success depends on never-ending negotiations with what's going on inside other people's heads. It depends on attitudes and behaviours in small, smart, fast teams.

Job descriptions, office structures and nine-tofive expectations have become optional. All the crucial moments – the thoughts and feelings that decide what we do – are invisible. How we manage this and make it visible determines how well we do, how we are paid and whether we enjoy our work.

In *Invisible Work*, John Howkins explores how to discover purpose, autonomy and opportunity in this new isolated, yet connected, world.

'Fresh, original, powerful, profound and deeply practical.' Jeremy Hunter, founding director of Executive Mind Leadership Institute

'John Howkins' books have proven clairvoyant; this new book is no exception. It is a must-read for innovation leaders.' Alice Loy, CEO and co-founder of Creative Startups



Rights: WEL *Sold: Audio* March 2021 B-format PB 320pp £9.99 9781912836765

HB March 2020 9781912836031

Author

John Howkins is a leading figure in the global understanding of work and creativity. He is the author of the seminal The Creative Economy, and was previously chief adviser to HBO and Time Warner and chair of CREATEC. Tornado and BOP. In 2006 the Shanghai government set up the John Howkins Research Centre on the Creative Economy. Howkins is a member of the United Nations Advisory Committee on the Creative Economy and advises governments on new concepts in work. johnhowkins.com

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Charlie Viney charlie@thevineyagency.com

Sobering

Lessons Learnt the Hard Way on Drinking, Thinking and Quitting Melissa Rice

'Unique, honest, witty, occasionally shocking, you need this uplifting, amazing book in your life.' Steve Bland, You, Me and the Big C

'I don't know if I was born with it, caught it or bought it; I just know that, at some point in my life, a line was crossed: I needed a drink to get through life, to calm the nerves and quiet the head, and I became reliant on alcohol to change how I felt.'

Sobering is the story of an insecure teenager turned Liverpudlian party girl, schoolteacher turned alcoholic and now recovering alcoholic turned award-winning podcaster. Melissa's story is as dramatic as her unique voice, but her message is universal: mental health issues often drive vulnerable people to addiction and working on mental health and personal development can help recovery.

Written with the expert help of rehab and addiction specialists, and with insights from other recovering alcoholics and addicts, *Sobering* covers everything from denial, isolation and shame to getting help and rebuilding relationships.

This is a personal story with a mission: to help anyone worried about their drinking to understand themselves and move forward with wisdom to make that hardest decision of all – to stay sober.

'A much-needed book that will help individuals to find hope and society to rethink substance misuse.' Shahroo Izadi, author of *The Kindness Method*

Melissa Rice

Presenter of BBC Radio 5 Live's podea Hooked: The Unexpected Addicts

Sobering

Lessons Learnt the Hard Way on Drinking, Thinking and Quitting

⁴Unique; honest, witty, occasionally shocking, you need this uplifting, amazing book in your life. Steve Bland, *Ton, Me and the Big C*

Rights: WEL

Sold: Audio February 2021 Trade PB 320pp £12.99 9781912836673

Author

Melissa Rice is one half of successful BBC Radio 5 Live podcast Hooked: The Unexpected Addicts, which won Broadcasting Press Guild Radio Programme of the Year 2020, **BBC Best Community Podcast** 2020 and a Silver British Podcast Award. Melissa was, until 2016, a primary school teacher. After hospitalisation for her alcohol addiction and a period of rehabilitation at Clouds House she submitted a winning pitch for the podcast. With help from the Amy Winehouse Foundation, Melissa now lives in London. @melissarice 1

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HHB Agency elly@hhbagency.com

Second Thoughts On Being and Having a Second Child Lynn Berger Translated by Anna Asbury

'Beautifully written, deeply humane, a gem of a book.' Rutger Bregman, author of *Humankind: A Hopeful History*

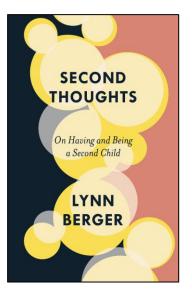
'There are entire shelves filled with books on parenthood – from fairy tales, novels and memoirs to polemics and collections of essays. But while I was expecting our second child, I realised that we have surprisingly few words for this particular new experience.'

While every parent knows more of what to expect the next time round, the birth of a second child is no less momentous. Family relationships multiply, birth-order myths hover and sibling rivalry and parental exhaustion threaten. Yet the potential for joy and love within the family also expands, as if by magic.

This new literary talent shines a tender insight on a forgotten subject: what it is to parent for the second time and what it is to forever be a younger child.

'Fresh, intricate, daring and often wise.' Susie Boyt, author of *Love and Fame*

'A subtle and captivating tour of a topic we've strangely overlooked.' Sarah Knott, author of *Mother: An Unconventional History*



Rights: UK & Com X Can US: Holt 22 April 2021 B-format PB with flaps 224 pages £12.99 9781912836383

Author

Lynn Berger (born 1984) is a writer for *The Correspondent* – the acclaimed Dutch unbreaking news platform, covering care. She received her PhD in Communications from Columbia University in 2016. She now lives in Amsterdam.

September Publishing

Hannah MacDonald | Publisher hannah@septemberpublishing.org septemberpublishing.org Translation Rights

Janklow & Newbit RCarter@janklow.co.uk

How to Breathe

25 Simple Practices for Calm, Joy and Resilience Ashley Neese

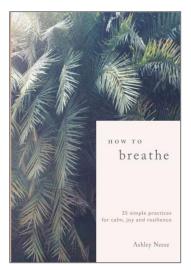
'[Ashley] recently came to *Goop* HQ and left several of us rapt at how quickly we were transformed to a calm, grounded state without rolling out the mat.' *Goop*

Breathwork is conscious breathing – an active form of meditation that can be done by anyone, anywhere. This grounding activity clears the mind, slows the heart rate and brings renewed energy to the body.

Created by breathwork expert Ashley Neese, *How to Breathe* introduces the foundations of breathwork and gives 25 simple practices for reducing stress, managing anger, falling asleep, building intimacy, dealing with grief and more. Neese gives practical guidance for channeling the power of breathing to help tackle common challenges with mindfulness and serenity.

With stylish photography and a sleek, modern design, *How to Breathe* is a simple, soothing book that shows how small exercises can have a huge impact on daily health and happiness.

'The modern world is moving ever-so-fast, and we are experiencing the effects within ourselves, and without. Not leaving us unaided or without answers, Ashley Neese graciously responds to our essential need to sustain our well-being in *How to Breathe.* This is a necessary text for our modern, steadily changing times.' Lalah Delia, founder of Vibrate Higher Daily



Rights **GB & NI** April 2019 B-format HB £10.99 144pp 9781912836093

Author

Ashley Neese is a breathwork teacher and writer. She has studied with some of the world's leading masters in yoga, meditation, medical intuition and somatic therapy, and her practice guides spirit seekers towards living with their hearts wide open. Ashley works with clients all over the world, including BuzzFeed and WeWork, and has been featured in Goop, Elle Japan, Vogue, Well + Good, MindBodyGreen and the Nourished Journal.

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Ten Speed Press

The Condor's Feather Travelling Wild in South America Michael Webster

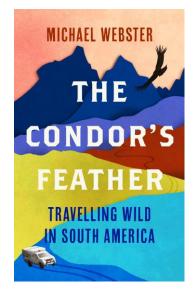
'One spring morning, as the cuckoos were arriving in England, we departed. At Tilbury Docks we slowly edged our Toyota camper into a shipping container and, like a heron scooping a frog from a marsh, our container was hoisted high over the dockside. Inside was everything we needed, our new life bound for South America.'

After a vicious attack left Michael Webster in treatment for years, it was only his love of nature – in particular birds – that truly healed. Repaying this debt to nature, he and his wife embarked on their trip of a lifetime, travelling through South America; immersed in the wild, following and filming birds.

For over four years Michael and Paula travelled the length of the Andes, the greatest mountain chain on Earth. From penguins in Patagonia, up beyond the hummingbirds of the equator, to the flamingos of the Caribbean. They endured dust storms, thundering gales, icy mountain tops and skin-searing heat, and tested the limits of their physical and mental strength as they lived wild, month after month, camping under galaxies of diamond stars.

The Condor's Feather is testament to the possibility of new adventures, new friendships and new hope.

'A thrilling, deeply emotional and authentic bird-lover's travelogue.' James Lowen, author of *Much Ado About Nothing*



Rights: **WAL** February 2022 TPB with flaps 320pp £14.99 16pp colour photos

Author

Michael Webster is passionate about the natural world. He is a conservationist, birdwatcher and wildlife filmmaker, and throughout his life has encouraged others to share his love of nature. His Facebook page 'Living Wild in South America' has 4,000 followers.

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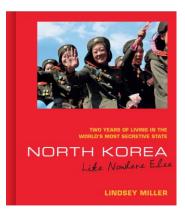
North Korea: Like Nowhere Else Two Years of Living in the World's Most Secretive State Lindsey Miller

The first photographic exploration from a Westerner living and travelling in North Korea for two years.

For two years, Lindsey Miller lived in North Korea, long regarded as one of the most closed societies on earth. As one of Pyongyang's small community of resident foreigners, Lindsey was granted remarkable freedoms to experience the country without government minders. She had a front row seat as North Korea shot into the headlines during an unprecedented period of military tension with the US and the subsequent historic Singapore Summit.

However, it was the connection with individuals and their families, and the day-today reality of control and repression, that delivered the real revelations of North Korean life, and which left Lindsey utterly changed from the woman who had nervously disembarked from her plane onto an empty runway just two years before. This is her extraordinary photographic account, a testament to the hidden humanity of North Korea.

'Paints a vivid picture of communities kept under the close grip of police surveillance, while also unravelling some of the wider misconceptions about North Korean society.' *Mirror*



Rights: **WEL** May 2021 HB 189 x 169mm £16.99 224pp 200+ colour photos 9781912836802

Author

Lindsey Miller is a musical director and award-winning composer. For the last ten years, she has worked in theatres across the UK, Europe, North America and Asia. During 2017–19, Lindsey lived in Pyongyang, North Korea while accompanying her husband on a diplomatic posting. Lindsey is from Glasgow, Scotland. She now lives in Kent. @LindseyMiller87







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Rock Pool: Extraordinary Encounters Between the Tides Heather Buttivant

The eye-opening account of a life-long passion by a talented writer and naturalist, *Rock Pool* opens up the intertidal world to everyone.

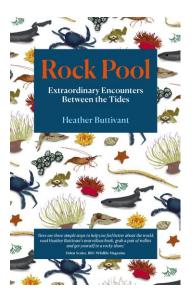
'Wherever I go, I seek out beaches ... Every walk through the rock pools, from the tideline to the low water mark, takes me on a journey into the sea and challenges my understanding of my world and of myself.'

The British beach is full of creatures that we think we know – from crabs to clams, starfish to anemones. But, in fact, we barely understand how many survive or thrive. In *Rock Pool* the delights of childhood paddling are elevated to oceanic discoveries, as the fragile beauty and drama of intertidal existence is illustrated through the incredible lives of twenty-four individual creatures.

Filled with insights into rockpooling and stunning photos of this unique ecosystem and stories of the creatures that live there, *Rock Pool* is a book for anyone who is drawn to the lure of the sea.

'Marvellous ... [a] thoughtful, enlightening and entertaining read.' *BBC Wildlife Magazine*

'An utterly joyous book ... an eye-opening delight from start to finish.' *Daily Mail*



Rights: **WAL** April 2020 B-format PB 288 pages £9.99 978912836123

HB May 2019

Author

Heather Buttivant writes CornishRockPools.com, which won the 2017 BBC Wildlife Blog of the Year Award. She has previously worked on environmental issues in the Civil Service, Friends of the Earth and Climate South East. and has taught for the Open University. She currently volunteers with Looe Marine Conservation Group and the Cornwall Wildlife Trust. and writes about wildlife and environment issues. She frequently appears on Countryfile.

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Beach Explorer 50 Things to See and Discover Heather Buttivant

Explore the beach and its secrets as never before!

What makes the tides tick? Do sharks lay eggs? Why are sea levels rising? Investigate the wonderful world of sand, watch how crabs move and marvel at spectacular seashells as you become a beach explorer. This book is bursting with hands-on activities, fascinating experiments and amazing facts to discover at home or on the shore. You can:

- Become a tide fort champion
- Create a miniature rock pool
- · Find out what makes star fish so special
- · Spy on a hermit crab battle
- Design your own fish
- · Identify where beach litter comes from
- Experiment with seashells.

Heather Buttivant invites you on an adventure to meet the mysterious creatures that live on the beach and discover what you can do to protect them.



Rights: WAL

April 2021 PB 206 x 138mm £10.99 128pp 2-colour with 30 line drawings, 25 colour photos and colour photographic endpapers 9781912836741

Author

Heather Buttivant is a writer and educator who specialises in introducing people to the mysterious wildlife beneath the Cornish waves. Her popular blog, Cornish Rock Pools, won the BBC Wildlife Magazine Blog of the Year Award in 2017 and she has appeared on BBC *Countryfile*. She is often found crawling through seaweed wearing waders or running children's events for Cornwall Wildlife Trust in her 'I love sea slugs' t-shirt.

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Great British Railways 50 Things to See and Do The London Underground 50 Things to See and Do Vicki Pipe and Geoff Marshall

Many children and teenagers will know the **All the Stations** duo from their YouTube videos, which showcase adventures on British and Irish railways, unique Tube challenges and behind-the-scenes looks at our transport networks.

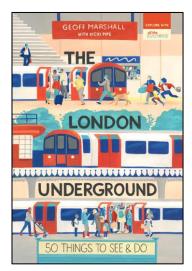
Vicki Pipe and Geoff Marshall are back again with two wonder-provoking, fact-filled and activity-packed books for children and young adults. *Great British Railways: 50 Things to See and Do* and *The London Underground: 50 Things to See and Do* will inspire children (and adults!) to seize the moment and explore the wonderful world of rail!

Authors

Vicki Pipe is a museum education professional, and an artist and improviser. She has presented videos for *Londonist* and on Geoff's YouTube channel on a range of topics from history to Harry Potter. @vickiexplores Geoff Marshall is a freelance video producer making transport films for *Londonist* and his own YouTube channel. He is a tour guide for Hidden London and has twice held the world record for travelling to all Underground stations in the fastest time possible. @geofftech







Rights: WAL

February 2020 PB 210 x 138mm 128pp 50+ 2-colour graphics & line drawings £9.99/£8.99 9781912836284 (Railways) 9781912836253 (Underground)

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The Railway Adventures Places, Trains, People and Stations Vicki Pipe and Geoff Marshall

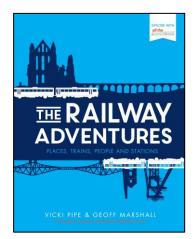
Funded by a successful Kickstarter campaign, Geoff and Vicki set out in summer 2017 to visit every single one of the UK's 2,563 railway stations. The All the Stations journey captured the imagination of the British press. They were frequently featured on TV and radio, and soon garnered a major following on Facebook and YouTube. Their videos were watched by tens of thousands as they plotted routes, ran for connections, clock-watched and bickered their way across the entirety of the UK. Their joy in the unrolling landscapes, the people they met and the fascination of stations in villages and cities alike charmed hundreds of thousands into following their story.

In *The Railway Adventures*, Geoff and Vicki encourage you and your family to head out for your own British adventures by train. Using everything they learnt and encountered, they have sifted through their journeys and visits to celebrate the British railway network. Their insight and experiences will lift spirits, deepen knowledge and broaden minds.

A gorgeously illustrated book offering an important snapshot of Britain today.

'If you want to have a railway adventure, this excellent book is the best place to start.' Ian Marchant, author of *Parallel Lines* and *One Fine Day*





Rights: **WAL** October 2018 HB £16.99 208pp 100+ colour photos 9781910463871

Authors

Vicki Pipe is a museum education professional, and an artist and improviser. She has presented videos for Londonist and on Geoff's YouTube channel on a range of topics from history to Harry Potter. Geoff Marshall is a freelance video producer making transport films for Londonist and his own YouTube channel. He is a tour guide for Hidden London and has twice held the world record for travelling to all Underground stations in the fastest time possible. @allthestations

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Alice Stevenson

Ilustrator, artist, surface pattern designer and educator, Alice Stevenson has created designs for Crabtree and Evelyn, Kellogg's, University of Sussex, Volvo, Vodafone, Marc by Marc Jacobs, Vogue, Hugo Boss and St Jude's. <u>alicestevenson.com</u>

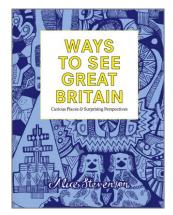
Ways to See Great Britain Curious Places and Surprising Perspectives

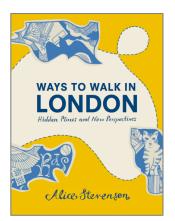
Driven by curiosity, restlessness and a desire to better understand her own country, artist Alice Stevenson spent two years exploring and drawing

Great Britain.



Rights: WAL May 2017 HB £12.99 160pp 9781910463482





Ways to Walk in London Hidden Places and New Perspectives

An inspiring collection of walks, notes and artworks, revealing London's many layers and moods.

'A brilliantly personal, beautifully illustrated book.' *Fabric*

Rights: WAL April 2015 Hardback £12.99 160pp 9781910463024





London Perspectives Colouring Postcards

A collection of absorbing, intricate images for creatives to colour and enhance from artist Alice Stevenson. *(20 detachable postcards)*

Also available: Alice Stevenson greetings cards Rights: WAL February 2016 Paperback £8.99 20 cards 9781910463208



Europe's Best Bakeries

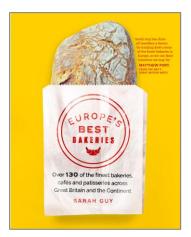
Over 130 of the finest bakeries, cafés and patisseries across Great Britain and the Continent Sarah Guy

An inspirational, illustrated guide to Europe's 135 best bakeries, from newwave sourdough bakeries to centuries-old grand café-pâtisseries.

There's a thrill to trying tsoureki in Thessaloniki, cuarto in Mallorca or croquants in Nîmes. Baking is embedded in European culture; many of the shops and cafés included in this book have been around for years, and serve long-perfected cakes in historic premises. Others are idiosyncratic single-item producers and one-man bands. And then there are new discoveries, staffed by young bakers passionate about creating wonderful produce which is also organic and ecofriendly.

From Maison Adam, specialist macaron producer in St Jean de Luz, to Maison Aleph, Paris's new French-Syrian fusion patisseries. And from London's old-school Old Post Office Bakery to Oberweis, one of Luxembourg's smartest establishments. *Europe's Best Bakeries* whisks up gorgeous profiles of the best bakeries in the UK, Scandinavia, Eastern Europe, Spain, Greece, Italy, Germany and France.

'Sarah Guy has done all travellers a favour by tracking down some of the finest bakeries in Europe, so we can feast wherever we may be.' Matthew Fort, BBC's *Great British Menu*



Rights: WAL April 2019 PB with flaps £16.99 224pp 9781910463154

Author

Sarah Guy has written about restaurants and shops, architecture and walks, for many years. While working at *Time Out* she commissioned and edited hundreds of books, from travel guides to photography collections; for a decade she was the Editor of the Time Out Guide to Eating & Drinking in London. She is the author of London for Dogs (2017), and London on Sea (2018). Bakeries and pâtisseries are dear to her heart. Whatever form they come in, she thinks they add to the joy of life in the most basic of ways.









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The Jive Talker Or, How to Get a British Passport Samson Kambalu

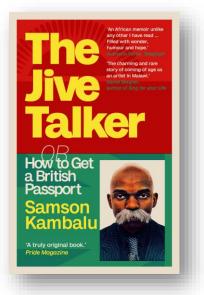
A uniquely vivid and wickedly funny memoir of growing up ambitious, creative and sometimes hungry in Malawi.

With exuberant prose, a cast of extraordinary characters and a rebellious spirit, Samson Kambalu tells the story of how a little boy obsessed with fashion, football, Nietzsche and Michael Jackson won a free education at the Kamuzu Academy ('The Eton of Africa') and began his journey to art school and artistic success.

The son of a philosophising, hard-drinking, poorly paid hospital manager, Kambalu's award-winning conceptual work is shown in galleries across the world, and still evokes that childhood landscape of literary excitement, family chaos and music; postcolonial injustice, poverty and Aids.

'A book filled with wonder, humour and hope. It is a magnificent achievement.' Aminatta Forna, *Sunday Telegraph*

'Read Kambalu, cry, clap your hands.' lain Finlayson, *The Times*



Rights: UK & Com X Can US: PRH July 2022 B-format PB 320pp £12.99 9781914613180

Author

The Oxford-based artist and author Samson Kambalu, born in 1975 in Malawi, received his PhD from Chelsea College of Art and Design. He has shown his work around the world, including Dakar Biennale. Tokyo International Art Festival and the Liverpool Biennial. He has won research fellowships with Yale University and Smithsonian Institution and was included in All the World's Futures, Venice Biennale 2015. Kambalu is an associate professor of fine art at Ruskin College and fellow at Magdalen College, Oxford University. His sculpture Antelope is on Trafalgar Square's Fourth Plinth. samsonkambalu.com

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The Wheel

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A Witch's Path to Healing through Nature Jennifer Lane

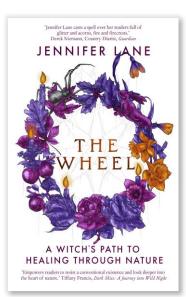
A woman's journey to understanding how witchcraft can heal us, reconnect us with nature, and keep us magical in an age of disbelief.

One winter, Jennifer Lane reached breaking point in her fast-paced office life. In the year that followed her stress-related illness, she set out to rediscover the solace and purpose that witchcraft had given her as a teenager.

The Wheel is an immersive, engaging read – exploring the life-long draw of witchcraft and our vulnerability to toxic working environments and digital demands. In her year-long journey Jennifer explores ancient festivals and rituals, and visits fellow pagans and wild landscapes, in search of wisdom and peace.

For those who are sick at heart of noise, anger and disconnection, *The Wheel* is full of wise words, crackling rituals and natural beauty. This is a quest to discover how to live fully connected to the natural world while firmly in the twenty-first century.

'Jennifer Lane casts a kind a contrary nature spell over her readers, full of glitter and acorns, fire and firecrests.' Derek Niemann, *Guardian*



Rights: **WEL** October 2022 B-format PB 288pp £10.99 9781914613203 TPB Oct 2021

Author

Jennifer Lane is a green witch and nature writer with a background in wildlife communications. As a journalist she has written for *Vogue*, *Dazed* and the BBC, promoting the wider health benefits of nature, birdwatching and living in tune with the land. In 2018, she won a Northern Writers' Award. Jennifer is currently based near Manchester with her partner and a calico cat called Linnet.

IG: @thegreenwitchwriter

See also *The Witch's Survival Guide* in Frontlist

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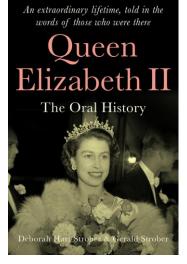
Queen Elizabeth II The Oral History Deborah Hart Strober and Gerald Strober

A spirited, global portrait of a life lived in service, packed full of fascinating eyewitness accounts.

Queen Elizabeth II: The Oral History paints a spirited, global portrait of a life lived in service. It is packed full of fascinating eye-witness accounts; from the early years of Queen Elizabeth II's reign – the shocking death of her father and the adjustment required of a newly married couple – through to the children's marriages, the death of Princess Diana, and Prince Harry and Meghan's move to the United States.

It features interviews from diverse sources: staff (recognisable from their portrayals in *The Crown*), family and friends, such as Lady Pamela Hicks, and public figures including Julia Neuberger, Michael Heseltine and Andy Burnham. Originally published in 2002, it also contains memories from crucial figures now lost to us, such as Winston Spencer Churchill and Nelson Mandela.

This extraordinary oral history gives revealing view into the workings of Buckingham Palace and the strengths and weaknesses of the Royal Family, asking questions about conflict and change, and the monarchy's journey as colonial institution. With a broad spectrum of views on Queen Elizabeth II – from her role as leader of the Commonwealth to her personality in private – this unique book offers a remarkable insight into our Monarch.



Rights: WEL

Sold: US rights to Pegasus November 2021 Royal HB 560pp + 16pp colour photos £25.00 9781912836932

Authors

Deborah Hart Strober and Gerald Strober are the coauthors of nine books, including oral histories of the Kennedy, Nixon and Reagan presidencies: and oral biographies of His Holiness the Dalai Lama, the evangelist Billy Graham and Rudolph Giuliani. In compiling these works, the Strobers managed to penetrate the inner worlds of more than 500 leading personalities, including US political figures and officials, foreign leaders, members of the British royal family and religious personalities. The Strobers live in New York City.

September Publishing Hannah MacDonald | Publisher hannah@septemberpublishing.org septemberpublishing.org Translation rights Andrew Lownie lownie@globalnet.co.uk

The Museum Makers A Journey Backwards Rachel Morris

'A wonderful book.' James Rebanks, author of *The Shepherd's Life* and *English Pastoral*

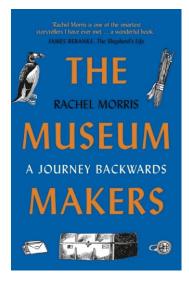
Part-memoir, part-detective story; a compelling family history threaded through the history of museum-making.

'Without even thinking I began to slide all these things from the dusty boxes under my bed into groups on the carpet, to take a guess at what belonged to whom, to match up photographs and handwriting to memories and names – in other words, to sort and classify. As I did so I had the revelation that in what we do with our memories and the stuff that our parents leave behind, we are all museum makers, seeking to makes sense of the past.'

Museum expert Rachel Morris had been ignoring the boxes under her bed for decades. When she finally opened them, an entire bohemian family history was laid bare. The experience was revelatory – searching for her absent father in the archives of the Tate; understanding the loss and longings of the grandmother who raised her – and transported her back to the museums that had enriched her lonely childhood.

By teasing out the stories of those early museum makers, and the unsung daughters and wives behind them, and seeing the same passions and mistakes reflected in her own family, Morris digs deep into the human instinct for collection and curation.

'Skilfully interwoven, history, reflection and detective work bouncing off one another to build a spirited narrative ... engrossing.' Spectator



Rights: **WAL** July 2021 B-format PB 272pp 9781912836826 *HB 27 August 2020*

Author

A director of the museummaking company Metaphor, **Rachel Morris** has been part of the creation, design and delivery of some of the most exciting displays, renovations and museums of the last few decades, from the New Cast Courts at the V&A to the Terracotta Warriors at the British Museum and Grand Egyptian museum in Cairo. Rachel is also the author of two previous novels. @MoMarcoPolo

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Translation rights Louisa Pritchard louisa@louisapritchard.co.uk

My War Gone By, I Miss it So With New Foreword Anthony Loyd

'Not since Michael Herr wrote *Dispatches* has any journalist written so persuasively about violence and its seductions.' Peter Beaumont, *Observer*

Ex-infantry officer Anthony Loyd arrived in Bosnia hoping to become a war correspondent. He left behind a damaged, distinguished military family and swapped one kind of addiction for another; drink and drugs for the adrenaline of combat. In the Balkans he became truly embedded – both appalled by and involved in – the war's cruel chaos.

My War Gone By, I Miss It So is a uniquely powerful piece of writing, unparalleled in the genre. A compassionate, visceral record of conflict; a brutally honest account of war's exhilarations and more personal battlegrounds.

'Undoubtedly the most powerful and immediate book to emerge from the Balkan horror of ethnic civil war.' Antony Beevor, *Daily Telegraph*

Barefoot at the Lake Bruce Fogle

'A long, hot summer's day of a book – full of wonderful stories, poignant memories and acute observations of the natural world.' Kate Humble

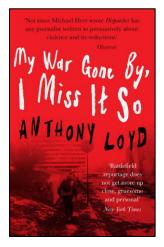
To ten-year-old Bruce, the summer of 1954 seemed, at first, like any other on the lake: floating in the rowboat, watching the seagulls, frogs and herons, catching crayfish. But just when he thinks that life is perfect, everything starts to change, and over the summer both the harshness of the adult world and the patterns of the natural reveal themselves.

'Enchantingly written. Gently and lovingly, Bruce Fogle's writing highlights something we are in danger of losing for ever: that we can understand ourselves most profoundly only in relation to the wilderness.' Ruth Padel

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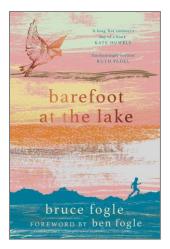
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Louisa Pritchard louisa@louisapritchard.co.uk



Rights: UK & Com US: Grove Atlantic, Trans: United Agents 2 May 2019 B-format PB £8.99 320pp 9781912836048

Motion picture rights optioned by Tom Hardy



Rights: **WAL** *Sold:* US & Can, large print 4 June 2019 B-format PB £9.99 280pp 9781912836086

Gold Rush How I Found, Lost and Made a Fortune Jim Richards

When Jim Richards left home to make his fortune in a gold rush, he had no language skills, no money and no idea. But when he found diamond-filled pot holes in the remote rivers of Guyana, his problems really began... *Gold Rush* is a blood-and-guts treasure hunt – the ultimate adventure story.

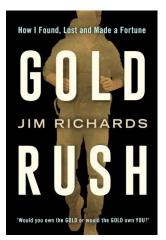
Author

Jim Richards became obsessed with finding gold and diamonds in his teens. He went on to be closely involved in numerous mineral discoveries around the world and has founded a string of successful mining businesses. Currently, Jim is executive chairman of an Australian publicly listed minerals corporation. Prior to his prospecting, geology and mining career, Jim served in the British Army Parachute Regiment. He was educated at Goldsmiths College, University of London (Geology) and the Royal Military Academy Sandhurst. Jim lives in Perth, Western Australia.

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Rights: UK & EU 7 November 2016 B-format PB £10.99 364pp 9781910463369

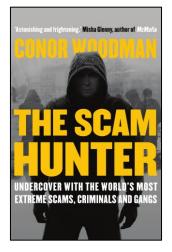
The Scam Hunter Undercover with the World's Most Extreme Scams, Criminals and Gangs Conor Woodman

Scam City's Conor Woodman goes undercover to meet the world's dodgiest dealers. Creeping through the lawless backstreets where the black market thrives, he intentionally falls for scam after scam, from back-alley dice games to counterfeit cash. Woodman's risky and occasionally reckless reporting exposes how crooks dupe their unsuspecting victims time and time again.

'At turns astonishing and frightening ... peppered with great wit ... the reader will find it hard to stop themselves from laughing out loud.' Misha Glenny, author of *McMafia*

'Conor Woodman has created an insightful, funny and fascinating whirlwind tour of the underworld. Highly recommend.'

Steve Cavanagh, author of The Defence



Rights: WAL 3 April 2018 B-format PB £8.99 288pp 9781910463826 *Previously published as Sharks*

The Perfect Stranger A Memoir of Love and Survival P. J. Kavanagh

First published in 1966, this extraordinary memoir has collected a passionate band of devotees. Written with a poet's precision, it is a funny, absorbing and brilliantly portrayed rite of passage – from school playing fields to war's battlefields, holiday camps to writers' hang-outs, Brighton to Paris, Korea to Oxford, Barcelona to Jakarta ... Driving the narrator is a desire to recount the effect of a singular young woman; the love of her and the loss of her.

'Funny, unique and powerful. A wise, sad, wonderfully written memoir.' David Nicholls

Author

P. J. Kavanagh (1931–2015) was a poet, writer, actor, broadcaster and columnist. *The Perfect Stranger*, awarded the Richard Hillary Memorial Prize in 1966, described his early life. Poetry remained his major occupation. His *New Selected Poems* came out in 2014.

Among the Summer Snows Christopher Nicholson

Nicholson's first book of nature writing is a beautiful account of an unusual obsession. In 2016 he spent August searching for the remaining snows of the Scottish Highlands. His account of his solitary walk is by turns funny, fascinating and inspiring. A meditation on walking, mountains, snow and our changing climate.

'A glorious little book.' Michael Kerr, *Daily Telegraph*

Longlisted for the Highland Book Prize

Shortlisted for the 2017 Boardman Tasker Award for Mountain Literature



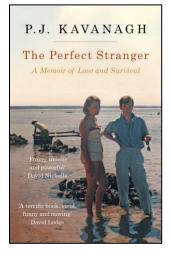
Author

Christopher Nicholson was once a scriptwriter and producer for the BBC World Service. He has written three novels, including *The Elephant Keeper*, which was shortlisted for the Costa Novel Award, and *Winter*.

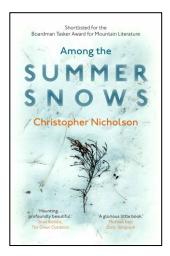
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Rights: WAL 12 May 2016 B-format PB £8.99 224pp 9781910463291



Rights: WAL *Sold: Spanish* 8 May 2018 B-format PB £8.99 176pp 9781910463857

HB June 2017

Dramatised as *The Summer Snows* on BBC Radio 4, 2019

The Bridesmaid's Daughter From Grace Kelly's Wedding to Homeless Shelter – Searching for the Truth About My Mother

Nyna Giles and Eve Claxton

Nyna Giles, twenty-nine, was in the queue at the supermarket when she looked down and saw the headline: 'Former Bridesmaid of Princess Grace Lives in Homeless Shelter'. Nyna was stunned; her family's private ordeal was front page news. That woman was her mother.

In her journey to uncover her mother's past Nyna relives a story as classic, familiar, dark and dangerous as any fairy tale.

'The heart-rending story of two beautiful and glamorous women, and the spirals of disaster into which one of their lives tumbled.' Robert Lacey, author of *Grace* and *The Crown*

'One of the best personal accounts of the horror of mental illness unchecked since Susan Sheehan's *Is There No Place on Earth for Me.*' Jeffrey Lieberman, MD, author of Shrinks

Saving Grace

A Lick of Self-Sabotage, a Dash of Self-Knowledge and a Load of Weight Lost Grace Kitto

Winner of the Myslexia memoir award.

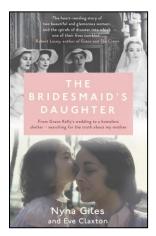
Twelve years ago, Grace Kitto was a successful TV producer, wife and mother. She was also clinically obese and on the path to Type 2 diabetes. One day, while having an ice cream almost as if on autopilot, she had an epiphany – she realised the solution to her many failed diets lay in her unconscious ...

This is Grace's funny and courageous memoir of that journey, the questions she posed and discoveries she made within psychology, neuroscience and biochemistry. She devised her own self-help system, and set to work.

'A grippingly intelligent and likeable feminist memoir of weight loss.' Julie Myerson

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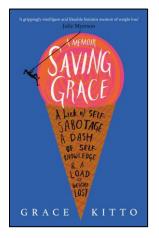
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Rights: UK & Com X Can Sold: Audio US/Canada: St Martin's Translation: Janklow & Nesbit, 24 March 2018 B-format PB £9.99 272pp 9781910463512

Author

Nyna Giles lives in Westchester with her husband and family and is a digital marketing strategist. This is her first book.



Rights: UK & Com X Can Sold: audio US & trans: LAW Lit Agency 24 April 2018 Trade PB £12.99 288pp 9781910463918



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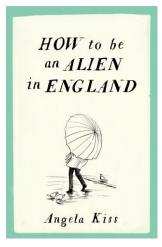
Louisa Pritchard louisa@louisapritchard.co.uk

How to be an Alien in England A Guide to the English Angela Kiss

Ten years ago, Angela Kiss arrived in the UK without a word of English. All she brought with her was a small bag, a sense of adventure, a desire to work and a copy of George Mikes' classic 1940s' humour book about the peculiarities of the British, *How to be an Alien*.

Through every dodgy flat share, low-paid waitressing job, awkward date and office mishap, Angela held tight to George's wit and wisdom. With his help she began to understand how to live amongst the English – with their eccentricity, spirit and singing train drivers – and fell in love with a land rich in green spaces, pubs and puddings.

A wry, often affectionate view on the English, and how to navigate our national personality.



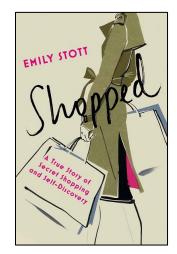
Rights: WAL 18 February 2016 B-format PB with flaps £8.99 208pp b/w line drawings 9781910463215

Shopped A True Story of Secret Shopping and Self Discovery Emily Stott

Stylist and fashion journalist Emily Stott writes with warmth and wit on the pleasures of dressing up, the trials of growing up and learning how to shop for yourself. Full of insider knowledge, *Shopped* is a funny and engaging story about the pursuit of style. You'll never shop in the same way again!

Author

Emily Stott is a freelance fashion journalist and personal stylist. She has been a mystery shopper for 15 years during which time she has also worked for Thomas Pink. Emily lives in Battersea, London, with her son.



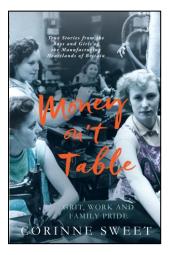
Rights: WAL 5 July 2016 B-format PB £8.99 288pp 9781910463307

Money on't Table – Grit, Work and Family Pride True Stories from the Boys and Girls of the Manufacturing Heartlands of Britain Corinne Sweet

Their parents worked as miners and lace workers, but by the mid-twentieth century new opportunities beckoned for the children of the Midlands. Following the loves and losses of six young men and women, *Money on't Table* is the true story of building new lives and a new Britain.

'Six moving, real-life stories in this gripping portrait of gas-lit, unheated, bombed-out Britain.' *Daily Mail*

'Money on't Table reads like fiction but is actually social history – and comes with enough real-life joy and grief for dramatic invention to be unnecessary.' *Nottingham Post*



Rights: WAL 25 April 2017 B-formatPB £8.99 320pp 9781910463543

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The Threat

Why Digital Capitalism is Sexist – And How to Resist Lilia Giugni

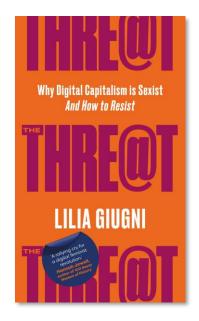
Why has the digital revolution been damaging for so many women? And what can be done about it?

The Threat explores today's digital capitalism through the prism of the women who are harmed by it globally. Some of them are victimised through digital devices. Others are exploited while producing them. And some don't even have access to the Internet, but are brutally raped in wars funded by the minerals that make our tablets work.

With the help of individuals' stories and interviews, activist and academic Dr Lilia Giugni explores how millions of women across the world are violated, exploited and marginalised due to processes of technological change. She unpacks the tight intersections between technology, patriarchy and capitalism - exposing the profit-driven market in which our digital devices are designed and built, and the patriarchal society that shapes who gets to use them and how.

Above all, Lilia Giugni gives us very practical ideas to help us take back the tech: turning technology into a truly emancipatory force and a leverage to create a better and more just future for women and for all.





Rights: WEL Italian: ILA November 2022 HB 256pp £16.99 9781912836970

Author

Dr Lilia Giugni is a researcher at the Cambridge Centre for Social Innovation at the University of Cambridge, a feminist activist, and the cofounder and CEO of think tank Genpol – Gender & Policy Insights. Born in southern Italy, she holds a PhD in Politics from the University of Cambridge and is a Fellow of the Royal Society of Arts. Her research interests and advocacy work focus on violence against women and girls, the gendered side of technology and innovation, and the intersections between gender, racial and social injustice. She sits on the board of several charities, social enterprises and feminist networks. @liliagiugni

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Charlie Viney The Viney Agency

Fixing the Planet

An Overview for Optimists and Activists Michael Norton

A unique big-picture guide to the challenges we face in both repairing the environment *and* creating a fairer world for all.

Our global challenges are massive and interconnected. Worldwide change demands informed individuals. Every choice – from consumption to connection – is political and *knowledge* is our best driver for change.

This new book from innovator, activist and educator Michael Norton is unique in its ambition and scope. *Fixing the Planet* explores the widest range of existential threats to human existence on our planet, but in a spirit of optimism, showcases the pioneers doing positive and creative things to address them.

Chapters cover Climate Change, Natural World, Pollution, Waste, Population and Displacement, Wellbeing, Rights and Responsibilities, Forces of Destruction and Resources. From soil to nuclear energy, plastic waste to algorithms it is a broad ranging survey of everything that needs repair and who and how it's being done.

Hard-hitting but also inspiring, *Fixing the Planet* shows that with creativity and energy we can all help fix the problems on planet Earth.

'This hugely enjoyable book is a powerful introduction to the way things are and the way things can be. Keep it by your bed.' Tim Smit, Eden Project



Rights: **WAL** June 2022 £12.99 220 x 150mm PB 384pp 9781914613111

Author

Michael Norton OBE is the honorary director and trustee of CIVA, the Centre For Innovation In Voluntary Action, which was founded in 1995 to develop, pilot and fund new ideas for addressing social problems. He founded the Directory of Social Change in 1975, Changemakers in 1994, YouthBank UK in 1998 and cofounder of UnLtd in 2002. In 2011 he was made adjunct professor at the Graduate School of Business at the University of Cape Town, and was also made philanthropy instructor at Beijing Normal University.

civa.org.uk/michael-norton

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Reset

Reclaiming the Internet for Civil Society Ronald J. Deibert

'Above all, he is right: one more unchallenged step down this road and any remaining shreds of our freedom and privacy will be lost.'

Bryan Appleyard, The Sunday Times

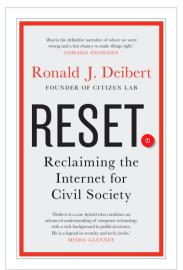
Drawing on the cutting-edge research of the Citizen Lab, the world-renowned digital security research group he founded, Ronald J. Deibert exposes the influence of the communications ecosystem on society. He tracks a mostly unregulated surveillance industry, innovations in technologies of remote control, superpower policing practices, dark PR firms and highly profitable hack-for-hire services feeding off rivers of poorly secured personal data. He also unearths how dependence on social media and its expanding universe of consumer electronics creates immense pressure on the natural environment.

Determined to find solutions, Deibert has written a unique, readable and forward-looking book. In order to combat authoritarian practices, environmental degradation and rampant electronic consumerism, Deibert argues for a set of very specific restraints on tech platforms and governments to reclaim the internet for civil society.

It's time for us to push RESET.

'Although Deibert shares Higgins' appetite for the fight, he is much more mindful of the immense scale of the challenge.' *Financial Times*

'Destined to become one of the 21st century's seminal political texts.' *The Herald*



Rights: UK & Com X Can US & Can: Anansi October 2020 B-format PB 432pp £9.99 9781912836772

Author

Ronald J. Deibert is professor of Political Science and founder and director of the Citizen Lab at the Munk School of Global Affairs and Public Policy, University of Toronto. The Citizen Lab undertakes interdisciplinary research at the intersection of global security, information and communications technologies, and human rights, and its findings are routinely covered in global media. Deibert is the author of Black Code: Surveillance, Privacy, and the Dark Side of the Internet, as well as numerous books and reports on internet censorship, surveillance and cybersecurity. @RonDeibert

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Ethical Vegan A Personal and Political Journey to Change the World Jordi Casamitjana

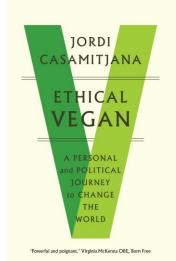
A compelling exploration of veganism, the politics and philosophy behind a deeply personal choice.

'Veganism is not just a diet. Not just an opinion, nor a trend. It is a 21st century revolution which began 20 centuries ago.'

From the activist, scientist and animal welfare consultant whose employment tribunal changed the law forever comes a timely, personal polemic on the nature of Ethical Veganism. A choice many feel is the answer to today's global crises.

Written with urgency, humour and a strong personal narrative Jordi Casamitjana's book is the first too consider veganism as an ethical belief. A political engagement. Not just a 'lifestyle choice.' Whilst the writing is full of the vitality and complexity of the animal kingdom he has dedicated his life to protecting, chapters are structured to cover both history, science and practicalities. Ethical veganism is about so much more than food and Jordi also explores how it possible to bank ethically, travel according to vegan principles, to work responsibly, as well as eat carefully...

'Those who have already started to tread the vegan path will find it profoundly reassuring. Those with different views will, nonetheless, have their eyes opened to a new way of thinking. After all, there can never be too much compassion and kindness in the world.' Virginia McKenna OBE, co-founder of Born Free Foundation



Rights: **WAL** December 2020 TPB 304pp £12.99 9781912836581

Author

Originally from Catalonia, but resident in the UK for several decades, Jordi is a vegan Zoologist specialising in animal behaviour, who has been involved in different aspects of animal protection for many years. In addition to scientific research he has worked as an undercover investigator and animal welfare consultant. Jordi recently achieved notoriety for securing the legal protection of all UK ethical vegans from discrimination, in a landmark case that was discussed all over the world. @jayseecosta jordi-casamitjana.animalprotection-consult.com

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50 Things About Us What We Really Need to Know About Britain Mark Thomas

A fast and furiously funny journey through our national memory.

'Patriotism is often the point where history and advertising intersect, and it was that brand of nationalism that Rees-Mogg and Johnson attempted to sell. It is a brand that can only hark backwards; a nostalgic nationalism built on half histories and wishes ... The kind of patriotism where the poetry of John Betjeman sits alongside blaming migrants for TB.

But that is not our story. In fact, it is far from the narrative so many of us are a part of.'

50 Things About Us is about money, history, songs, gongs, wigs, unicorns, guns, bungs, sods of soil and rich fuckers. From selfdelusions about size and stature to deceptions around the living links between empire, slavery, money and power, this is Mark Thomas' quest to remind us of the true and shared greatness of modern Britain.



MARK THOMAS

Rights: **WAL** November 2020 B-format PB 224pp £12.99 9781912836550

Author

Mark Thomas is one of the UK's most effective and bestknown political performers. He has won awards for his stage and human rights work, ranging from the Amnesty International Freedom of Expression Award to a Sony Award for Radio Comedy AND was one-time Guinness World Record holder for the most demonstrations in one day. His work has changed the law, kiboshed politicians' careers and has been performed across the world. This is his seventh book. www.markthomasinfo.co.uk

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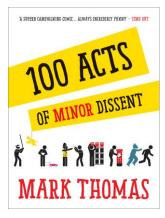
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Mark Thomas

One of the UK's most effective and best-known political performers, Mark Thomas has won many awards for his stage and human rights work, ranging from the Amnesty International Freedom of Expression Award to a Sony Award for Radio Comedy AND was one time Guinness World Record holder for the most demonstrations in one day. He has written and presented six series of the *Mark Thomas Comedy Product* for Channel 4 and five series of *The Manifesto* for Radio 4. He is the author of six books. His work has changed the law, kiboshed politicians' careers and has performed across the world.



100 Acts of Minor Dissent

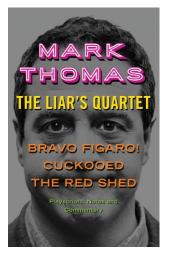
An account of an entire year spent living provocatively. From successful campaigns against Royal Parks and multinationals, to arts and crafts with porn mags, from annoying estate agents, to raising cinema workers' wages, comedian and campaigner Mark Thomas stopped at nothing.

Rights: WAL June 2015 PB £9.99 192pp 9781910463031

The Liar's Quartet Bravo Figaro!, Cuckooed, The Red Shed Playscripts, Notes and Commentary

Funny, provocative and moving, *The Liar's Quartet* includes the scripts with brand new commentary from Mark Thomas' most acclaimed comic, political theatre. Layered with political insight (and insult), and peppered with anecdote, this is a bravura performance in its own right. Each multi-award winning show examines Thomas' obsession with the bonds that bind us, those of family, friends and communities.

Rights: WAL May 2017 PB £9.99 224pp 9781910463697



Times Like These Graphic Reports of Modern Life David Ziggy Greene, Scene & Heard

Illustrated reports on modern life from the creator of *Private Eye*'s Scene and Heard.

For over four years, David Ziggy Greene's graphic-novel-style reportage has appeared as *Private Eye*'s Scene and Heard column and has become favourite amongst readers. Encompassing everything from Brexit to women's marches, greyhound racing to punk gigs, Greene leaves nothing uncovered. His illustrations are astute, tender and very funny.

This new collection of his columns features much brand material, including new studies of modern life focusing on human hubs such airports, docks and courts – in all their personal, political and peculiar forms.

From increased student activism, to the growth in food banks, nationalism and naked cycle rides, our recent years have been packed with unprecedented political turmoil, alongside profound local impact.

This insightful, sharp-witted and entertaining collection offers a new, wryly funny way to observe the state of our nation, our eccentricity, and a peculiarly British resilience.

'Deceptively intelligent and exceptionally moreish.' Charlie Brooker

'Fantastic. Such an engaging graphic style and light touch.' Chris Riddell



Rights: **WAL** May 2018 PB £12.99 160pp 9781910463949

Author

David Ziggy Greene is one of few reportage graphic artists working in the UK. He is best known for his Scene and Heard column in *Private Eye*. He has also published work in *Charlie Hebdo, TimeOut* and more. davidziggygreene.com

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How to Cook the Victorian Way with Mrs Crocombe Annie Gray and Andrew Hahn

A sumptuous cookery book and the definitive guide to the life, times and tastes of the world's favourite Victorian cook and YouTube star, Mrs Crocombe.

Mrs Crocombe is the star of English Heritage's wildly popular YouTube series *The Victorian Way*. Millions of fans around the globe devour her historical cookery videos, which offer viewers a glimpse into an age when tea was sipped from porcelain, not from plastic cups; when mince pies were meaty and nothing was wasted; when puddings were in their pomp and no kitchen was complete without a cupboard full of copper pots and pans.

Avis Crocombe was head cook at Audley End House in Essex from about 1878 to 1884, and her handwritten cookery book was passed down through her family for generations and rediscovered by a distant relative in 2009. It's a remarkable read, and from the familiar (ginger beer, custard and Christmas cake) to the fantastical (roast swan, preserved lettuce and fried tongue sandwiches).

How to Cook the Victorian Way is the definitive guide to the life, times and tastes of the world's favourite Victorian cook. Beautifully photographed, it features fully tested and modernised recipes along with a transcription of Avis's original manuscript, plus insights into daily life at Audley End by Dr Annie Gray and Dr Andrew Hann, and a foreword by the face of Mrs Crocombe, Kathy Hipperson. It showcases the best recipes from Mrs Crocombe's own book, alongside others of the time, brought together in a moreish smorgasbord of social history an absolute must for fans and foodies.



Rights: **WEL** September 2020 HB 208pp 229 x 178mm £25 Colour & b/w photos throughout Metric and imperial 9781910907429

Publisher

English Heritage cares for over 400 historic monuments, buildings and places – from world-famous prehistoric sites to grand medieval castles, from Roman forts on the edge of an empire to a Cold War bunker. Through these we bring the story of England to life for over 10 million visitors each year. english-heritage.org.uk

Subrights English Heritage Katherine Davey | Publisher Katherine.Davey@englishheritage.org.uk



ENGLISH HERITAGE

English Heritage is a registered charity that looks after the National Heritage Collection. This comprises over 400 of England's historic buildings, monuments and sites spanning more than 5,000 years of history.

The English Heritage Guide to London's Blue Plaques The Lives and Homes of London's Most Interesting Inhabitants Updated **English Heritage**

Over 40 new entries include Freddie Mercury, Ava Gardner, John Gielgud, Dame Margot Fonteyn and Bobby Moore.

Whether they be scientists, sports stars, artists, actors, inventors or politicians this revised and updated English Heritage guide reveals, with wit and insight, the stories of London's most extraordinary men and women and the homes in which they lived.

'The blue plaque helps us make poetry from the everyday, infusing the hard materials of the city with the feeling of lives lived: a memory of the past making the present richer.'

Antony Gormley, Guardian

Pests in Houses Great and Small Identification, Prevention, Eradication **Dave Pinniger and Dee Lauder**

This new handbook provides a concise but comprehensive guide to the key pest species that commonly infest historic houses and collections, and solutions for dealing with them. It enables readers to spot signs of pest infestation and identify the pests responsible. It suggests strategies for the removal of the pest and treatment options for infested items and structures, and gives clear guidance on long-term strategies to prevent pests from returning.

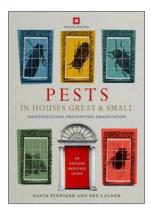
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Rights: WAL November 2019 B-format PB £17.99 528pp 9781912836055



Rights: WEL April 2018 Trade PB with flaps £14.99 144pp 130+ colour illustrations 9781910463970



English Heritage is a registered charity that looks after the National Heritage Collection. This comprises over 400 of England's historic buildings, monuments and sites spanning more than 5,000 years of history.

Eight Ghosts The English Heritage Book of New Ghost Stories

'These eerie, unsettling stories are guaranteed to send shivers down your spine.' *Daily Express*

Eight authors were given after-hours freedom at an English Heritage site. Immersed in the history, atmosphere and rumours of hauntings, they channelled their darker imaginings into a series of extraordinary new ghost stories.

Relish the imagined terrors at these locations: Kate Clanchy Housesteads Roman Fort Stuart Evers Dover Castle Mark Haddon York Cold War Bunker Andrew Michael Hurley Carlisle Castle Sarah Perry Audley End Max Porter Eltham Palace Kamila Shamsie Kenilworth Castle Jeanette Winterson Pendennis Castle

'Subtly evocative of human relations – loss, grief, or the fear of loneliness.' *TLS*

These Our Monsters

The English Heritage Book of New Folklore, Myth and Legend Paul Kingsnorth, Graeme Macrae Burnet, Fiona Mozley, Sarah Hall, Adam Thorpe, Edward Carey, Sarah Moss and Alison Macleod

Stories inspired by the legends and tales that swirl through the history of eight different English Heritage sites.

With this evocative collection English Heritage brings new voices and fresh creative alchemy to our ancient historical sites and our storytelling heritage. Also contained is essay by James Kidd on the importance of myth to our landscape and our fiction, and an English Heritage survey of sites and associated legends.

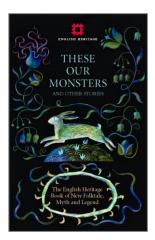
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Rights: WEL, enquire for tranlsation Sold: Spanish September 2018 B-format PB £8.99 224pp 9781910463864 HB September 2017 9781910463734



Rights: WEL Translation: retained by authors October 2019 HB £14.99 240pp 97811910907405

The Dragonfly Sea Yvonne Adhiambo Owuor

'The Dragonfly Sea transported me at a time I really wanted to be transported. Lyrical, compassionate, and deeply original, it has stayed with me, and is the novel I have most enjoyed this year.' Sathnam Sanghera, author of *Empireland*

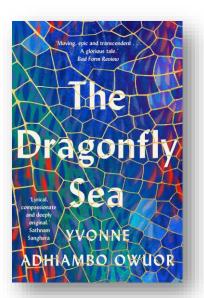
Lush, exquisitely written coming-of-age novel of epic proportions and scope from Kenya's leading magical-realist writer.

This sensual, lyrical, immersive novel follows Ayaana's journey to adulthood after her Kenyan island childhood is interrupted; first by religious fundamentalists and secondly when Chinese emissaries claim her as a descendant and offer her a new life and education overseas.

'Moving, epic and transcendent, *The Dragonfly Sea* is a glorious tale that spans two continents, multiple cultures and the lives of endearing characters.' *Bad Form Review*

'One of the most unforgettable books I have read in the last few years ... What a writer! What a thinker! What a woman!' Fiammetta Rocco

'This novel from one of Africa's most exciting voices in fiction delivers on expectations ... a continent hopping novel of epic proportions.' *Refinery29*



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Author

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